

REQUIREMENTS FOR MRITYUNJAI JAAP WITH HAVAN

On the morning of the 27th February 2022

- Agni Kund with a cotton wick soaked in ghee (Don't make the base or the top of the wick to thick it would soak up to much ghee)
- Mango or pitch pine wood for final havan.
- A thaali with Prasad, flowers, Bale leaves & Tulsi leaf to offer (whatever you can prepare) also some prasad in a small bowl for final havan.
- Cotton wool & Soopari on a paan leaf for final havan.
- Ghee (2lb tin) and Havan Spoon (NOT AN EATING SPOON IT WOULD BE TO SHORT AND COULD GET HOT)
- Murti or Picture of Lord Shiva on an Aasan (Seat), **leave enough space in front for the Pooja.**
- Thaali with white Rice, Sugar, Googul, Black Till & Mix Samagari.
- Deeya to light by murti or Picture and a thariyaa with a deeya for aarti.
- Loota of water with a mango & tulsi leaf inside.
- A few Mango leaves, 20 Bale Leaves, Some Neem Leaves, 5 Tulsi & Paan leaves and Some Flowers
- Rub Some Chandan on a Mango Leaf, Bottle of Essence(Perfume) & Agarbati Sticks.
- A piece of cloth (Preferable Green or White) to offer and some dakshina
- A comfortable seat of your choice for you and your family, you must be facing **EAST.**
- **Very important to fast until the havan is completed. (No Salt)**
- **Havan would begin around 9Am & 9:15Am (T&T Time) other countries would have to check their time to Coincide with ours.**

Practice to say the Mrityunjai Mantra Properly.

**Om tryámbakaṃ yajāmahe sugandhīm puṣṭi-vardhānam
urvārukam íva bandhānān mṛtyor mukṣīya mā 'mṛtāt**

The Meaning of the Mantra

We worship the three-eyed One (Shivaji), who is fragrant and who nourishes all.

Like the cucumber falling off from the bondage of the stem, may we be liberated from untimely death, unforeseen circumstances & Freedom from bondage, may our transition from this life be a smooth one.

Everyone should make use of this opportunity provided to us especially during these difficult & uncertain times we are living in.

Om हर हर हर महादेव...

Om Har Har Har Mahadev....

Spiritual Leader

Pt. Umadutt Maharaj

SWAHA Bhakti Jyoti Mandali